



milton keynes

university of the third age



May
2019



Open Meeting

Meetings start at 2.30pm and are held at the Oak Tree Centre, Wallinger Drive, Shenley Brook End, Milton Keynes, MK5 7GZ. There is car parking on site, and bus routes 8, 24 & 25 stop on adjacent grid roads.

22 May – Anonymous Heroes – John Timmins

John Timmins' enquiring mind wanted to know what his father did during WWII – from the time that he enlisted in March 1941 until the time he was de-mobbed in July 1945 and arrived back to his native Canada. During his research John was to discover that his father had surreptitiously become one of the original members of a special band of brothers who were paramount to the success of Operation Overlord. The author will be available to sign copies of his book after his talk.

New Members Induction Session – 13 May 2019

The next session will be on Monday 13 May, starting at 2pm, and will be held in the Great Linford Parish Office meeting room, next to the Co-op in the Great Linford local centre at 1 St Leger Court, MK14 5HA.

The session will outline the background to the U3A movement, explain how to get the best out of your membership with MKU3A, and show you how to use the website and join groups.

If you are a new member - just come along – any queries to Claire Naismith on membersec@mku3a.org or 07425 620167.

Beginners' Modern Sequence Dancing

(Includes Ballroom & Latin technique)

This proposed new Group will be held at the Cross and Stable Community Centre, Downs Barn, on Thursday afternoons from 1.45pm to 3.45 pm – with essential tea break of course.

It is designed for Members with little or no experience of Ballroom Dancing, although social dancers who would like to learn the popular Sequence Dances would find it useful.

The syllabus will include most of the traditional sequence dances plus some recently invented dances that are becoming popular.

Some time will be spent on figures from Ballroom and Latin that appear frequently in Sequence and need to be learned following the official rules on alignment, footwork and technique.

Sequence is 'together' dancing and Members without a partner need to be



prepared to dance Leader or Follower.

The group will be taught by a professional dance teacher, an active member of two Societies approved by the BDC and qualified in Ballroom, Latin and Old Time Dancing.

To register an interest, please contact Shirley Dewar, Groups Co-ordinator on groups@mku3A.org

Modern Sequence Dance Proposal

A little more in depth about this proposal.

This is envisaged as a pleasant Thursday afternoon Tea Dance, initially, with a large element of instruction, later on a mixture of instruction and practice.

Modern Sequence Dancing is a branch of Ballroom Dancing. It includes all Modern, Latin and Old Time Rhythms in a very disciplined format. Each element must conform to the rules laid down by the British Dance Council and all dances taught by professional teachers must be authorised by the same authority.

For example: The Waltz, Foxtrot, Quickstep and Modern Tango must be danced in closed hold – partners must not separate at any time. Latin dances, ie Rumba, Cha Cha, Samba, Mambo, Jive and Salsa, must use the correct footwork etc. A big advantage of this is that, having learned Sequence Dancing, you will have a great repertoire of dance variations that are also appropriate at a Ballroom dance.

The real advantage of Sequence Dancing is that all the dancers must execute the same pattern of dance steps at the same time. This means (hopefully) that all dancers are moving round the floor in the same direction thus avoiding the chaos that can exist at a crowded Ballroom Dance.

There are really two categories of Sequence Dancers. New Sequence Routines are invented every year, they are the winning routines from the various Associations awarding qualifications to Dance Teachers and other approved organisations.

Usually about 40 are released each year in all the different rhythms. These are taught after their release, and many Clubs and classes teach them all and plan dance programmes of new dances with usually one or two old favourites.

Other clubs dance a programme of very old dances, the same ones each week, plus a few of the easier newly invented dances usually with a few Ballroom Dances thrown in! At the more advanced dances it is usual for the teachers to 'lead the floor', dancing through one or two routines to remind the dancers of the steps.

We propose to teach a selection of older dances and new dances as the class progresses. We like to make our Tea Dances fun, and a sociable event for the participants. There will be tea and biscuits of course. We try to keep our music lively and varied!

The wider world of Sequence Dancing can provide wonderful experiences and the chance to make new friends. There is an amazing choice of Sequence Holidays at both levels all around the country and also in fairly exotic places abroad – usually run by Sequence Professionals.

It is always possible to attend inventive dance competitions around the country and learn the winning dances from the professionals who invented them, and when you visit other parts of the country, perhaps on holiday, you are always very welcome at local dances.

Finally, remember that dancing can seriously improve your health, keeping the mind active and the body exercised is the best way to keep healthy in both.

Margaret Atherton MK U3A

Creative Writing – Short Course

Vacancies First Come First Served

Thursday 10.00 – 12.00 or 2.00 – 4.00 May 9th – June 27th inclusive

Fulwell Court, Great Linford

£7.50 per course, payable in advance. Details for payment will be sent when your place is allocated.

Writing Yourself – adventure into creative writing by Kathy Mansfield

Places are limited so please book now by contacting Lesley Sparks chair@mku3a.org

The programme will consist of eight sessions during May and June 2019. The plan is that each session will be approximately 2 hours long and that each will be stimulating and fun!

The Aim of the Programme is to provide a safe space for those new, or not so new, to creative writing, to generate pieces of writing in the sessions.

I will use different methods of inspiration to encourage the creative juices and we will use a gentle technique to critique and help each other to consider the work produced.

We will use a workshop approach to encourage writing and sharing - always asking the essential questions: what is my piece of writing trying to do and how does it do it?

Some of the technical areas we will cover include:

- The essentials of a good story – what are these?
- Inspirations – what can you use? – what do you use?
- 1st person/3rd person – whose voice?
- Dialogue – how do your characters speak? How does speech move the story along? Do they sound authentic?
- The plot – what keeps a reader turning the page?

What do you need to bring? It is an entirely personal choice. Some people (me included) can only write using a pen and notebook. Others use a laptop. Bring whatever makes you feel the most comfortable.



The Third Age Players are intent on causing havoc.....

Ravens who bicker with each other and get drunk or want to be matadors or pop singers. Bored beefeaters with axes. A queen who throws tantrums. Foreign conspirators.

What on earth is going on at the Tower of London? You don't need to travel to London to find out! The "Tower" is coming to Milton Keynes at the end of August, and you'll need to visit the Tower to understand its real – or not – history.

Visitor's Passes (otherwise known as tickets) will be on sale from the beginning of June by ringing 01908 887387 or from <https://www.ticketsource.co.uk/whats-on/milton-keynes/the-chrysalis-theatre/the-raven-conspiracy>

It's **THE RAVEN CONSPIRACY**. Don't miss out. Suitable for the whole family.

EWf Heads for St Peters at Stanton Low

You are welcome to join us for a walk to the ruins of St. Peter's, Stanton Low, on Wednesday 3rd July. Please contact the group leader via email: ewf@mku3a.org if you are interested in attending.

We will meet in the car park of the Black Horse pub, Wolverton Road. At 1.30pm we will walk to the ruins across the field and hear a presentation from local experts, Pauline and Nigel Wright, at 2pm.

Please be aware that there are no facilities of any kind at the ruins. You are welcome to bring a folding chair or picnic blanket to sit on during the talk.

Linda Morris, Group Leader, Exploring World Faiths Group

MKU3A Choir

Songs for Summer

All Proceeds To Willen Hospice

Our summer concert this year is being held on Saturday June 15th at 2.30pm in the URC Church in Newport Pagnell.

The concert will be followed, at the end, by a cream tea.

Tickets, priced at £10, will be available at the end of April from members of the committee: Jennifer on 01908 613088 or Janice on 07762 178379 so please book early this year as numbers are restricted by room in the church being at a premium due to the demolition of the hall facility.

There will also be a raffle. All proceeds will go to Willen Hospice

Advanced notice of the date of our Christmas concert: Friday 13th December at 7pm in the URC.

Sheila Staincliffe, Joint Group Leader



Cruise & British Ironworks Centre

Thursday 27th June 2019

Pick up Point: Milton Keynes Coachway, Coachway Road, MK16 0AA, 08.00 hours

Marshalls Coach, near Bus Stop point 5 (near the entrance to Waiting room, café)

Arrive Victoria Quay approx. 10.30am.

Drop off at Sabrina Boat for a 45 minute cruise with live commentary along with tea/coffee and biscuits. Then **board the coach** and travel 30 minutes to the British Ironworks Centre in Oswestry.

Depart 16.00 hours **Arrive** Milton Keynes 18.30 hours approx.

Cost £34.00 (includes Cruise, Ironworks and driver's tip). All food on the day at own cost.

Cheques for outings to be payable to MKU£A

Contact: Czesia Eales-Johnson, 2 Selby Grove, Shenley Church End, Milton Keynes.MK5 6BW.

Tel 01908 506706 Email: outings@mku3a.org

PAY BY 8 MAY 2019

Anne Davis Mobile 07703 190904 for contact on day of outing only

The ironworks centre is best known for its eclectic sculpture park, 90 acres of wonderment to explore, with famous pieces on display such as the Knife Angel, Spoon Gorilla, and the Metal-transformer to name a few.

There are artisans all based at the centre, they offer free demonstrations in their workshops and have a resident Blacksmith, Silversmith, clockmaker, and various artists.

You can choose from the following demonstrations Blacksmithing, Silversmithing, Floristry, Exotic Zoo and Clockmaking - be sure to visit their workshops during your trip.

Within the indoor emporium and showrooms you will find a beautiful array of home and garden must haves, fine jewellery, ladies and gentleman's gifts and unique collectables to choose from.

The centre has the largest display of decorative metalwork in the UK including the Metal Safari Park, with over 100 different animals and species crafted out of various materials, it really must be seen to be believed.

Food can be purchased from the Forge Café, offering freshly prepared sandwiches, hot jacket potatoes, paninis, and soups. From delicious classics to the more luxurious and unusual fillings, each is handmade. They also offer specials such as lasagne, chilli & rice, or hot pies and gravy, there are also a wonderful range of desserts.



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Cruise & British Ironworks Centre

Thursday 27th June 2019

Cost £34.00 (Includes entry to Cruise, Ironworks Centre & driver's tip)

Booking form and payment should be sent by **9 May 2019** to secure your reservation, dependent on availability.

Name(s):-----

Phone Number: -----

Mobile Number (Required for contact on the day only) -----

Address: -----

Email address: -----

Contact name and telephone number in case of emergency: -----

No of seats required @ £34.00 -----

Total due: £..... Payable on booking

Pick up Point: MK Coachway, Coachway Road MK16 0AA 08.00 hours

Depart British Ironworks Centre 4.00pm **Arrive** Milton Keynes 6.30pm approx

Cheques should be made payable to MKU3A

The address for booking is Czesia Eales-Johnson 2 Selby Grove, Shenley Church End, Milton Keynes MK5 6BW

Email: outings@mku3a.org

Telephone booking to 01908 506706 will be held for 72hrs pending receipt of the booking form for payment

Maths trip to the Ashmolean Museum

Open invitation to join the Maths for Fun group on an excursion to the Ashmolean Museum in Oxford to see the free exhibition "Dimensions: the Mathematics of Symmetry and Space" on Thursday 23rd May.

We shall be catching the X5 bus 10.01 at The Coachway, 10.13 at The Point or 10.25 at Central Rail Station. Returning on the 4.00 bus getting back to MK at 5.30.

This will be the swan song for the current Maths for Fun group which will be stopping at the end of May as Hilarie Bowman who has been leading it is moving away.

Ukulele is going regional

The MK U3A ukulele group has been going for nearly 2 years.

In those early days the group was made up from mainly beginners with some guidance from Gordon.

Over the months we built in some structure to the sessions including some tuition, some practice routines and some simple songs.

This has developed over the last year and our membership has grown to 16 with an average group size of a dozen or so each fortnight.

We now have a repertoire of about a dozen songs and have been invited to the Thames Valley get together of U3A ukulele groups in October.

We have vacancies for new and experienced players, and can provide ukuleles if you want to come and try.

Please get in touch with the group leader via ukulele@mku3a.org or by phone on 01908 611328.



Outings Group - 2018 Programme Summary

Meetings are held on the SECOND Thursday of the month at 2.00 pm

2019 – 11 April, 9 May, 13 June, 11 July, 8 Aug, 12 Sept, 10 Oct, 14 Nov, 12 Dec.

Venue: Age UK Milton Keynes, Peartree Centre, 1 Chadds Lane, Milton Keynes MK6 3EB.

A committee comprising of Christine Behrendt, Jackie Berry, Ray Cockram, Czesia Eales-Johnson, Anne Davis, Brian Munday, has been formed to run the Group. Ideas for future excursions from our members are always welcome.

A short description of an outing is listed below, please ensure you see the full details given in the Information flyer included with the booking form so you are fully aware of any mobility or safety issues.

Once we have paid for the coach and venue (just after the booking date) we are sorry that we cannot refund you

unless a replacement booking is made for the excursion in question.

The John Bunyan River Trip – Friday 5 July 2019

Arrive Bedford Marina approx. 10.30am.

Depart from Willington Garden Centre 16.30 hours **Arrive** Milton Keynes 17.30 hrs approx.

Cost: £44.00 (Includes Boat trip, buffet lunch at waterside pub & driver's tip.) All other food on the day at own cost.

PAY BY 23rd May 2019

Jackie Berry Mobile 07954 588238 for contact on day of outing only

ALL Outings Bookings Contact:

Czesia Eales-Johnson, 2 Selby Grove, Shenley Church End, Milton Keynes MK5 6BW

Tel 01908 506706 Email: outings@mku3a.org

Cheques for Outings to be made payable to: MKU3A

Future Outings – please note that these may change until details have been finalised:

- 25 July - National Memorial Arboretum
- 1 August - Weald and Downland Living Museum, nr Chichester
- 22 August - Belvoir Castle
- 5 September - TBC
- 17 October - TBC
- 21 November - Design Museum and Museum of Brands & Packaging, London
- 5 December - TBC

Attending MKU3A Committee Meetings as an Observer

Are you interested in seeing first hand how your MKU3A is managed and how decisions are made?

Maybe you are interested in playing a more active role in MKU3A as a prospective Trustee and Committee member and having a direct influence on how MKU3A can continue to achieve its objectives.

If so, you may be interested in attending one of our monthly Committee meetings as an observer.

Attendance is by prior arrangement and places are strictly limited. For further details, please contact Lesley Sparks at chair@mku3a.org. Tel 01908 610482. The next meeting is on Monday, 20 May 2019.

U3A in Australia



On a recent visit to Australia, Nigel and I went to the Croajingolong Centre for Communication and the Arts at Mallacoota, on the coast between Melbourne and Sydney.

On the approach to the building, we noticed these personalised bricks in the path leading up to entrance.

The events at the arts centre have included guitar workshops, exhibitions by local residents, jazz concerts, singing workshops as well as a Greek dancing evening, in a Taverna, with the Goats of Mykonos! A possible idea for MKU3A?!

For more information, search for the website

<https://mallacootaartscouncil.com.au/ma-space/>

After admiring the exhibits, we had coffee at the Croajingolong Beachside Café – good coffee served with a sense of humour!

Pauline Wright



A FAM visit with a 'Sting in the Tail'

To keep up to date with day trips and short breaks the Outings Committee attend at least one Group Travel Show a year.

Two are held at either the NEC or Alexandra Palace with smaller trade shows during the year usually including what is called a FAM (Familiarisations trip).

One of these on 16 April was at Kempton Park Race Course that could include a briefing on what was available to groups for a 'day at the races with a possible behind the scenes tour' that I was able to attend.



All went well, a free coach pick up at MK Coachway following pick ups for other group organisers at Leicester and Northampton the final pickup being Watford.

We arrived at the time identified and, with handout bags of brochures, set off to explore the many companies attending the attraction. Some are old friends like Great Days Travel Group, others new and unknown and good to chat too about what they can offer for groups.

The briefing on Kempton Race Course was excellent. We were taken to one of the many hospitality boxes that overlook the course and given an overview of the track, before going to the jockey weighing in room, changing room and rest room, visiting the stewards and race judge room and being given explanation of how each of the areas work.

The final part was a visit to the restaurant that overlooks the course and where tables can be booked for a day's racing. Well worth considering for 2020.

The Sting in the Tail ...

Having left Kempton at 3.30pm with an expected arrival time at Watford of 4.30pm we 'hit the M25' with traffic around Heathrow at a slow slow slow crawl.

We finally made Watford at 5.15pm and as we drove in one of the windows on the coach just fell out.

Luckily no one on the road or pavement was injured, however for Health and Safety reasons the drivers are trained that passengers must be taken to the nearest place of safety, that being Gateway services (which is down the M1 from Watford) whilst the coach company arranged alternative transport.

This, for information, was a new coach on only a second journey out the previous being Blackpool for a coach fayre where it won three prizes for its design, colour scheme and luxury that I have to say it was. Didn't use enough glue on the windows!!!!

A mini bus finally arrived at Gateway services about one hour later and the return journey could be made. The people from Leicester were concerned their car could be locked overnight in the car park as it closes at 9pm, those for Northampton were at the services for junction 15 and I was at the Coachway.

Finally arrived home around 9pm, tired and with another experience to add to life's journal with bags of brochures and flyers to peruse for 2020 trips !!!!!

Chris Behrendt, Outings Group 101 and Holidays and Short Breaks

To All Knitters

To All MKU3A Knitters for Charity and those thinking about it.

Many thanks to everyone who donated wool towards knitting hats or scarves for homeless people/refugees. As a result I now have a good quantity of spare wool in bags on my bedroom floor!

If you would like some please contact me on shonahall4@gmail.com and I can arrange to get some to you.

If you are thinking of starting to knit a hat or a scarf I can email a pattern to you or get a printed copy to you.

The response to the plea for hats and scarves has been wonderful so thank you on Lesley's behalf and for those who want to Keeeeeeeeeeeeeeep knitting!

Best Wishes, Shona Hall

PS I seem to have mislaid a notebook with our knitters' details in it. I think it's still at home but can't find it.

Please if you have seen it or found it would you contact me a.s.a.p.

It is a pink ringbound PUKKA PAD size A5 and the details I spoke about are the only thing in it.

Leaving Groups

Over the past few months members of the Committee and myself have been holding meetings with Group Leaders to update them on Datum and to also discuss any problems they may be having.

One of the main problems that has arisen has been not hearing from a member when they no longer wish to be part of the Group.



A lot of Groups have waiting lists and places are not able to be offered until a member leaves.

We should be very grateful if, for whatever reason, you are not able or maybe do not want to attend a Group any longer that you contact the Group Leader, either by email or by telephone, to let them know. Contact them via <https://mku3a.org/groups>

Group Leaders will eventually contact members who have not been for some time but it would be very helpful, and one less job for them to do, if you would contact them first.

Many thanks, **Shirley Dewar, Groups Co-ordinator**

Good Luck Hilarie!

One of our long-standing members, Hilarie Bowman, is moving out of the area and leaving MKU3A.

She has fully committed to MKU3A by becoming the Group Leader for 3 Groups!! for which MKU3A and her Group members have been very grateful – Ageing Hippies, Climate Change and Maths for Fun.

One of the Ageing Hippies has volunteered to take on this Group but unfortunately this has not been possible for Climate Change or Maths for Fun.

Hilarie would very much like to “hand over the reigns” to another person – is there a member out there who would like to take on either of these Groups? Please do get in touch if you think you would – there is a lot of help for new Group Leaders!

We wish Hilarie good luck with her move, wish her well for the future and would like to say a big “Thank You” for her commitment to MKU3A. I am hoping there will be a U3A near her new home for her to get involved with – she will be an asset!

Shirley Dewar, Groups Co-ordinator, groups@mku3a.org

MK U3A - Open Meetings 2019

26 June – Dogs for Good – name of speaker to be confirmed

This month we will gain an insight into the fascinating work of the charity *Dogs for Good*.

These dogs are trained to help people with disabilities to make their life easier, including:

- Opening and closing doors
- Helping with dressing and undressing
- Retrieving items such as mobile telephones or dropped articles like keys or a bag
- Loading and emptying the washing machine
- Pressing a pedestrian crossing button
- Reaching up to shop-counters with items such as a wallet



The exact structure of the talk will be confirmed once we know if there are dogs available to visit us.

24 July – Photography as Art - Karen Thurmanovich

Karen will explore how movements in the photographic world mirrored movements in the art world in general, especially starting in the 1920s. This will be followed by a discussion about photography as art and the role that photographic art plays in social change.

25 September – The Amber Room – Mike Bartlett

Dubbed the ‘Eighth Wonder of the World’, the Amber Room was one of the great treasures of Russian culture, Russian history and Russian heritage – until Hitler decided he wanted it for himself – and stole it, stone by stone.

When, in late 1943, it was decided to dismantle the Amber Room and crate it away, it vanished, never to be found again ... or did it?

23 October – James Gillray: First Ever Political Cartoonist - Ian Keable

Who doesn't love a spot of political satire? But did you know that James Gillray succeeded William Hogarth as the primary satirist of the 18th century, not only taking caricaturing to new heights but also refining the format of the cartoon to one that we are now familiar with? He is now generally accepted as the first, and the greatest, political cartoonist, still revered today by modern cartoonists.

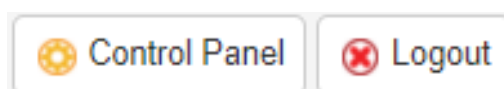


27 November – Moments, Memories and Magic - Vic Bottrill

Do you forget other people's names? Find yourself in one part of the house and wonder why you are there. Put it down to age. Forget it. It happens to young and old alike – but not to everyone. Some mysteries of the brain are revealed. It's truly magic.

MK U3A - Making Changes to your Personal Details

1. Open the MK U3A website (mku3a.org)
2. Login to the site. (If you haven't set your login password yet please see the instructions on the LOGIN page.)
3. Once you are logged in 'click' on the Control Panel icon top right of screen



4. This will open a page showing the following icon. 'Click' on the icon



My Profile

Amend and view your personal details

5. You will now open a page showing your personal profile. This is where you can change your contact details and add an emergency contact. **This is extremely important in cases of accident or emergency.** Make any changes necessary and 'click' **Save Changes** top or bottom right of profile screen.

Save Changes

6. You now have two options – Returning to the Website or to Logout. Top right of screen. Select the appropriate icon.

Website Logout

Open Meeting - IT Help Desk

There will be opportunities both before and after the Open Meetings to seek assistance with IT problems and using the MK U3A website, including setting up your login and password and updating your personal profile.

Help will be available before the meeting from 2pm and after the meeting until 4.15pm

Free Wi-Fi is available at the venue.

Support is available for:

Windows PCs

Apple/Android tablets and phones.

NOTE: Please ensure your device is fully charged or bring your charger with you.





Milton Keynes Open 2019

Call for Entries

This year Westbury Arts Centre are launching Milton Keynes Open, an exhibition to champion local creatives. We are inviting all artists to apply, whether working in paint, print, photography or other mediums – The only limit is it must be wall based.

To enter please send jpeg images to events@westburyartscentre.co.uk before the 3rd of June 2019.

KEY APPLICATION INFORMATION

Criteria

- Open to all artists – whether amateur, student, semi-professional, professional or established
- Entries must be your own, **original** artwork
- Artwork must have been made within the last 2 years
- Entries must be wall based
- Entry fee is £15 or £8 for under 18's, this includes submission of up to three pieces of artwork
- Successful submissions must be delivered to Westbury Arts Centre within the dates shown
- Commission on sales is 30%
- Entries will be judged on quality of work.

Dates

Entries to be sent to events@westburyartscentre.co.uk in a Jpeg format: Deadline 3rd June

Judges Selection: 14th June

Successful entries announced between: 17th - 21st June

Successful entries to be delivered to Westbury Arts Centre in person between: 28th - 30th June

Exhibition: 13th - 20th July

Private View: 13th July 10am - 11am

Collection of exhibited works: 21st - 24th July

SUCCESSFUL ENTRIES. Successful entries will be notified by email, and could also be shown on our website. Successful entries agree to their details being included on our website, social media pages and other advertising channels.

UNSUCCESSFUL ENTRIES. Unfortunately we cannot offer any feedback on unsuccessful submissions. Unsuccessful entries will be notified by email.

SELLING YOUR ARTWORK If you would like your artwork available for sale please enter the sale price on the entry form. Westbury Art Centre will take a 30% commission so please include this within your sale price. The

commission forms part of the charity's fundraising activities which directly contributes to running events and exhibitions throughout the year.

TERMS AND CONDITIONS

- Payment:** Payment must be made on submission of artworks. Payment can be made by: Cheque (payable to Westbury Arts Centre), Paypal (through our website) or via BACS (please contact us for the bank details). The Entry Fee Is Non-Refundable.
- Delivery:** We will only accept successful entries delivered to Westbury Arts Centre within the specified dates.
- Artwork:** All artworks must have your name, contact details and title clearly and securely displayed on the reverse. All artwork must have secured **Corner/Edge Protectors**.
- Framing:** All entries must be suitably framed/mounted to a professional standard. All artwork must have mirror plates.
- Damage:** Entries are submitted at your own risk. We cannot accept liability for any damage. We endeavour to take the greatest care with each work and ensure it is stacked and stored correctly. You are advised to arrange your own insurance for any artwork submissions.
- Collection:** You must collect your artworks by the dates shown. If you do not collect your work by these dates, you will be charged a storage fee of £5 per week. If your work remains uncollected 3 months after these dates, it will be disposed of.
- Photography:** If your work is successfully selected then we may photograph it for publicity purposes including our website, social media and local press. By submitting your work you are agreeing to this term.

ENTRY FORM

For any further questions please contact events@westburyartscentre.co.uk

WESTBURY OPEN 2019

Name:	Click or tap here to enter text.
Address:	Click or tap here to enter text.
Telephone:	Click or tap here to enter text.
Email:	Click or tap here to enter text.

I have read and agree to the submission guidelines and terms and conditions:

Entry 1	
Title	
Material	
Date made	
Sales price / Not for sale	
Size of artwork in cm (incl. frame)	
Office Use	
Entry Number	
Outcome	

Entry 2	
Title	
Material	
Date made	
Sales price / Not for sale	
Size of artwork in cm (incl. frame)	
Office Use	
Entry Number	
Outcome	

Entry 3	
Title	
Material	
Date made	
Sales price / Not for sale	

Size of artwork in cm (incl. frame)	
Office Use	
Entry Number	
Outcome	

Conference Debate at Bow Brickhill

Bow Brickhill Women's Institute meet on the fourth Thursday of each month with the exception of December.

We are a friendly group and welcome visitors. In May we have a discussion of our resolutions for the June Conference in Bournemouth.

On 26th June we are having a talk and demonstration about Scarf Tying which is very interesting.

Visitors are asked to donate £4 to cover the expenses of the speaker, hire of the hall and refreshments.

Further details from **Stephanie Warren Tel 01908 671394**



Latest Information On Thyroid

Our next Information Event is on Saturday **8th June** at the Pavilion, Open University, Milton Keynes. Coffee and registration at 10.30 followed by the guest speaker at 11.00.

We always aim to finish by 13.00. For map and directions look at our website www.thyroidmk.co.uk or telephone Wilma 01908 563289

Our speaker is: Dr Vasco Fernandes MBBS, DCH, MRCP, FFPHM. Retired Milton Keynes NHS Consultant Physician. His discussions will include:

- A General introduction to thyroid conditions.
- Discuss issues related to thyroid conditions.
- Dealing with situations that may arise.
- Latest Information and research in the headlines.

Wilma G Beckett, Local Coordinator, Thyroidmk, 01908 563289

website: www.thyroidmk.co.uk

Affiliated with the British Thyroid Foundation

www.btf-thyroid.org

REMAP Explains Its Disability Work

Bletchley Evening WI is always happy to welcome visitors. We hope you will find us friendly and our speakers entertaining.

On 6th June our speaker is from REMAP, a charity which produces custom-made equipment for people with disabilities. On 4th July we shall be trying out Chair Yoga.

Feel free to visit us at St Andrews Church Hall, St Andrews Road, Bletchley at 7.30 pm. We meet on the first Thursday of each month.

Key Contact details – more on the website

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Please refer to the website www.mku3a.org for statements concerning **MKU3A Policies and Guidance** on all aspects of our admission including **Data Privacy, Disclaimers and Copyright**

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