

The Third Way e-Newsletter

'Mini May Version'

News from the Chair

Dear Members,

The publication date for the newsletter has changed from the first week of the month to the third to allow any printed copies available for collection at the Open Meeting on the fourth Wednesday of the month to be current. In the past there have been items which are out of date before collection.

This mini version has been produced to allow early May items to be publicised and we will produce the May issue later in the month. If you have events in early June which you would like included in the (late) May version, please send them to editor@mku3a.org as soon as possible while we complete the move to the new publication date.

Best wishes,

Lesley Sparks – Chair MKu3a

[Coronation Concert 5 May 2023](#) – Pat Hodges

Please park in the lay-by's in Simpson Road and walk across to the church. Everyone Welcome.

St Thomas's Church
Simpson.
Friday 5th May at 7pm

CORONATION CONCERT



Bring and share buffet

Collection taken for Church Funds

Milton Keynes Therapy Centre

The base of Milton Keynes Multiple Sclerosis Therapy Group Ltd.



Open Day

Friday 12th May 2023

You are invited to our 30th Annual Open Day on Friday 12th May 2023. Please join us between 11am and 1pm for tea, coffee and nibbles. Chat to our members and volunteers about what we do here at the centre.

R.S.V.P.

4 Hollin Lane, Stacey Bushes, MK12 6HT Tel: 01908 225907

Email: info@mkmstherapygroup.co.uk

Website: www.mkmstherapygroup.co.uk

[Milton Keynes National Trust Association](#) – David Romaine

Are you a member of the National Trust? Even if you aren't, you can join our local association in Milton Keynes that arranges visits to National Trust properties and places of special interest, lectures, holidays, and social events.

You can apply for membership to our Membership Secretary, Sue Dee (01908 374881 or deefam5248@outlook.com) or by subscribing at one of our meetings.

Annual membership fees are £16.00 or £28.00 for two at the same address.

Money raised through our activities are used to support National Trust projects.

We meet once a month on the first Thursday of each month from 2.00pm to 4.00pm, and scheduled lectures include:

4 May – Gems – Jason Middleton

1 June – Hayes Boatyard in Stony Stratford, An Inland Phenomenon – Alison Leighton

The meetings of the Milton Keynes National Trust Association are at the Oak Tree Centre, Wallinger Drive, Shenley Brook End, Milton Keynes MK5 7GZ. £3 for members of the MKNTA and £4 for non-members. Questions can be referred to Sue Dee via phone or e-mail address: deefam5248@outlook.com.

Scheduled trips include:

10 th May 2023	Coughton Court House
15 th – 20 th May 2023	Holiday to Swansea and the Gower
5th July 2023	Summer Social
9 th September 2023	Belton House

(If you are not a member of the National Trust, you must pay entrance fees for National Trust properties in addition to travel fees.)

In addition, the association members have informal "Coffee and Natter" morning meetings held at different locations each month with details provided via e-mail.

The Choir

As detailed last month, we will be taking part in a service at Newport Pagnell Parish Church at 4.00pm on Sunday May 7th, to celebrate the Coronation.

Our summer Concert, entitled *Summer Celebration*, will be held on Sunday 11th June, 2.30pm at the United Reformed Church in Newport Pagnell. This will be a varied program of songs, followed by a cream tea. Tickets, price £10 are available from 07762 178379 or 07517 439790. All proceeds will go to Willen Hospice.

Then on July 22nd we will be repeating the program at St James Church, Bradwell. More details later.

We hope you'll be able to join us at one of these events, and in the meantime, if you're thinking about joining the choir, do come along to one of our rehearsals – Tuesday afternoons, 2.00– 4.00 pm in the Cross and Stable, Downs Barn. You'd be very welcome.

Janice Miles
Treasurer

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Get on and Sew.



Our members have been working on a recent project for the Coronation of King Charles, a fun wreath to hang on a door using unwanted (and wanted) fabric, cutting into rectangles and threading onto a wired hoop. It doesn't have to be red/blue and white a summer/ Autumn and Christmas wreath can be made using the same method.

Sally Lawson

Outings Group

Meetings are held the **SECOND** Thursday of the month. Meeting dates, 11/5,8/6,13/7,10/8,14/9,12/10, 9/11/23.

The next meeting will be on **11 May from 2.15pm for a 2.30pm start** for the people attending. The venue for the meetings has been changed to:

Hérons Lodge, Bradwell Road, Loughton Lodge MK8 9AA

All members of MKU3A are welcome on any of the outings and the Outings monthly meeting and will be able to 'sign up' for the outings also at the monthly Open meetings, postal application or by paying by bank transfer, further information on the flyers. Flyers for each outing will be circulated to all members through the website, with details in the monthly newsletter and hard copies available for those without e-mail access at the monthly meetings.

A committee has been set up comprising of Anne Davis, Ray Cockram, Prudence Davies Erica Thibouville, Deb Hodges, Jennie Savage, Diana Sears who will deal with the bookings and finance, e-mail outingsmku3a@gmail.com Chris Behrendt as the Group Coordinator, e-mail outings@mku3a.org All are working on the details of the outings agreed for 2023. Ideas for future excursions are always welcome.

A brief description of the outings is listed below, please ensure that you see full details given in the information flyer including the booking form so you are fully aware of any mobility, access or safety issues.

Once we have paid for the coach and venue (just after the booking closing date) we are sorry we are unable to offer a refund unless a replacement booking is made for the excursion in question.

25 May Dudley Canal and Tunnels Tour Ref: OG02

Pick Up Point: The Coachway, Coachway Road, MK16 OAA at **8.45am**
Coach Company Bill's Coaches. **Cost: £44** with a 'chippy lunch' on board a 2hr Open water cruise or **£37** without lunch, followed by a 45mins underground experience of the tunnels.

Lead: Ray Cockram Mobile 07899 841553 for contact on the day of the outing only.

Closing date for Booking 24 April – All places are taken.

23 June Blenheim Palace and Flower Show Ref:OG03

Pick Up Point: The Coachway, Coachway Road, MK16 OAA at 8.30am, Coach Company Bill's Coaches. Cost: £36, includes entry to the palace, gardens and flower show. All refreshments on the day at own cost. This year's flower show features more stands and entertainment, welcomes the return of the Grand Flower Pavilion as well as outdoor flower displays and insect trail, talk and demonstrations, fabulous food and drink, homeware and crafts plus live music.

Update: *A new exhibition 'Royal Connections Crowns and Coronets' has opened- behind the scenes stories spanning 300 years into Marlborough's relationship with the British Royal Family, with previously unseen artefacts, crowns, coronets and photo albums, including personal effects from royal weddings, coronations and holidays*

Lead: Deb Hodges Mobile 07769 720233 for contact on the day of the outing only

Closing date for Bookings 9 June

27 July Arundel Castle Ref:OG04

Pick up Point: The Coachway, Coachway Road, MK16 OAA at 8.00am. Coach company Bills Coaches. Cost £41 includes entry to the Castle; the State Rooms open at 12 noon with last entry 4.00pm. The Castle Keep, grounds and gardens and café open at 10.00am. During the week of our visit an International Jousting Tournament is being held, eight international jousts will fight to be champion of champions. The knights' horses will thunder down the tilt rail and lances will shatter on opponents shields. The arena will also host falconry, a fire eater and the infamous 'Kids Battle.' Bring a blanket or folding camping chair for seating to enjoy the events in the arena. Try your hand at 'have a go activity, including archery, warrior training and axe throwing.

There will also be demonstrations in the Medieval encampments such as forging, cooking, leather work and period crafts.

For details on disabled access please contact Chris Behrendt. Wheelchairs are available for loan on a first come first served basis for use inside the castle.

All refreshments on the day at own cost.

Lead: Chris Behrendt 07766 026357 for contact on the day.

Closing Date for Booking: 19 June 2023